

Friday, March 20, 2020.

MUNICIPALITY OF KILLARNEY CORONAVIRUS / COVID-19 UPDATE

With the continued news and growing concerns around novel coronavirus (COVID-19), the Municipality of Killarney wants to provide you with an update on our commitment to you during this important time. The health, safety and well-being of our residents, employees and volunteers is a priority and we are following the lead of Ontario public health authorities and the Orders of the recent State of Emergency declared by Premier Ford on March 17th, 2020 with respect to our customer service supports.

MUNICIPALITY:

- The Municipal Office and Public Works are now closed for public visits, but Staff remain available to support you and will continue to respond to enquiries via:

Municipal Office Telephone 705-287-2424

Email: inquiries@municipalityofkillarney.ca

Office Hours: 9:00 am – noon & 1:00 pm – 4:30 pm

Public Works Telephone 705-287-1040

Email: tonynuziale@municipalityofkillarney.ca Cell: 705-920-0027

Office Hours: Monday to Thursday 7:00 am – noon & 12:30 pm – 4:00 pm

Friday 7:00 am – 1:00 pm

- The following municipal facilities have now been closed until further notice:

➡ The Community Centre.

➡ The Veterans' Memorial Hall and fitness centre plus all activities scheduled at the Hall.

- All meetings and information sessions will be held virtually.
- All events and public gatherings of over 50 people are prohibited and are to be suspended (*Organizers who have questions about smaller gatherings should call Public Health with questions 1-866-522-9200*).
- The Seniors Lunch scheduled for Tuesday, March 24th is now CANCELLED.
- The Sewing Group has also been CANCELLED until further notice.
- We have also been advised that the April Good Food Box has been CANCELLED.

These proactive measures are being taken to reduce the spread of COVID-19 and to keep our community safe. The same such measures and more have been implemented in a number of municipalities.

KILLARNEY HEALTH CENTRE:

- The Killarney Health Centre will also be closed except as outlined in their flyer sent out on March 17th (*attached here for your information*). You are asked to avoid public visits to the clinic unless absolutely necessary.
- If you have concerns or flu like symptoms **DO NOT GO TO THE HEALTH CENTRE** self-isolate and call 705-287-2300. If after hours call the COVID-19 Assessment Centre at 705-671-7373
- Contact Telehealth @ 1-866-797-0000 for non-emergency issues – they are available 24 hours per day.
- The foot and dental clinics have also been CANCELLED.
- Also be aware that dogs can carry the COVID-19 virus, so please be vigilant, pick up after your pet and dispose of excrement properly.

SELF ISOLATION:

Self-isolation is when a person is recommended to isolate themselves to prevent the spread of a communicable disease. A flyer from Public Health Ontario is attached to this information package as to how you self isolate.

It is recommended to self isolate for 10 - 14 days under the following circumstances:

1. All travellers returning from out of country or high-risk areas in Canada;
2. If you experience symptoms – cough, shortness of breath, fever etc.
3. If you come in contact with another person who has the COVID-19 virus.

In any of the above cases do not just show up at a medical centre or hospital call the Killarney Health Centre or the COVID-19 Assessment Centre for direction.

AMBULANCE/PARAMEDIC SERVICES:

The paramedic service located here in the village is operated by the Manitoulin-Sudbury District Services Board and further to their press release of March 17, 2020 the service will be operating, but they will be under extreme pressure, so they ask that people ONLY call 911 where it is an emergency. Should you be seeking advice with respect to COVID-19 please contact Public Health at 1-866-522-9200.

BUSINESS COMMUNITY:

The Municipality does not have the legal authority to shut businesses down or advise them how to operate.

However, due to the Orders of the recent State of Emergency issued by the Provincial Government it is mandatory that:

1. All bars and restaurants be closed (*except those restaurants offering food take-out and delivery orders*). This order extends to March 31st at the moment. .../3

KILLARNEY & FRENCH RIVER PROVINCIAL PARKS: (and all others)

On the evening of March 18th Christine Elliot, Deputy Premier and Minister of Health, along with Jeff Yurek, Minister of the Environment, Conservation and Parks issued the following statement:

“As COVID-19 continues to quickly evolve, we want to ensure public safety and the well-being of our visitors and staff in Ontario’s provincial parks. In order to assist the province with its efforts to keep Ontarians safe during this time, all provincial parks will be closed to the public from March 19, 2020 until April 30, 2020. This includes car camping, backcountry camping, roofed accommodations, day use opportunities and all public buildings.

Current visitors to provincial parks will be required to vacate by March 19, 2020.”
Please visit www.OntarioParks.com for the most up-to-date information.

TOURISTS/VISITORS:

Also, the Municipality does not have the authority to ban tourists/visitors from our community.

Although, Public Health Ontario is advising that you limit the number of visitors in your home. Only have visitors who you must see and keep the visits short. Keep away from seniors and people with chronic medical conditions (e.g. diabetes, lung problems, immune deficiency).

It is also important to implement social distancing measures early, even before there is evidence of local community spread as stated by Dr. Sutcliffe, Medical Officer of Health for Public Health Sudbury & Districts. The goal of social distancing is to ensure that we don’t all get sick at the same time. Avoid crowded spaces and stay two metres apart from others when you are in public areas.

Due to March Break and with many businesses and organizations being closed, we strongly recommend friends, family, and relatives not travel to the community at this time in an effort to further protect the village residents.

Prime Minister Trudeau has stated “**All Canadians, as much as possible, should stay home.** By staying home, you can not only protect your health and that of those around you, but ensure that our health care professionals and our health care systems can focus on those who need their help. This is an adjustment for all of us. We know that staying home is an important step to protect the community and each other. We all have to do it.”

“Social distancing doesn’t mean we have to stop talking to each other. Pick up the phone. Write an email. FaceTime. The strength of our country is our capacity to come together and care for each other, especially in times of need. So, call your friends. Check in with your family. Think of your community. Buy only what you need at the store.”

MUNICIPAL WEBSITE:

Additional information on COVID-19 can be located on the home page of the website at www.municipalityofkillarney.ca

CANADA POST:

Remains open and operational at this time.
If you need more information or have any questions call 705-287-2215.

DESJARDINS CREDIT UNION:

As of Wednesday, March 18th, 2020, the only Desjardins Credit Union office open in Sudbury, Ontario is at 1380 Lasalle Blvd. All others are closed until further notice.
However, Desjardins Credit Union in Killarney remains open and operational for regular business hours.

If you need more information or have any questions call 705-287-1117.

FUTURE UPDATES:

As the COVID-19 situation continues to develop, we are committed to doing our part in helping to slow the spread of the virus in our community and we are committed to providing you with timely updates.

At this time, there is no known cases of the virus in the Municipality.

As things evolve in the coming days and weeks we will evaluate if there may be any changes required in service levels. Should anything change, we will notify you promptly.

All these measures will be reassessed on March 31st, 2020.

**We will continue to monitor the situation and update you as required.
At this critical time, we need the cooperation of everyone in order
to keep our community protected.**

~ Please stay Safe and Healthy ~

The Municipality of Killarney

Killarney Residents

In the face of the present health crisis with COVID-19 the Killarney Health Centre will be implementing simple containment strategies which will require the cooperation of everyone in order to keep the community safe. The goal is to reduce transmission, isolate those presenting with symptoms and quarantine their contacts.

As well, it is important for all of us to remember to increase social distancing and avoid large crowds or gatherings. Social distancing is a strategy to limit the spread of COVID-19, the disease caused by the coronavirus. This is a conscious effort to reduce contact between people to slow down the spread of the virus. Even if you are symptom free and not part of an at-risk group, you still need to change your lifestyle starting today.

You should avoid public places if you cannot stay six feet away from other people. You should be home as much as possible. Think about how you can decrease close contacts and crowded environments while COVID-19 is spreading

Listed below are strategies that the KHC will implement to ensure your safety:

- Prior to entering the main foyer of the Health Centre we request that you use the sanitizer provided to ensure that your hands are clean to avoid the spread of any virus.
- For all non-emergency visits including blood work, requests for sick notes, OTC drug purchases etc. we request that you call to schedule a time.
- Emergencies will be seen as they present with staff ensuring the appropriate contact precautions are followed
- Please call or leave a message to re-order medications; payments to Shoppers Drug Mart should be mailed directly to Shopper Drug Mart.
- Travel grants can be picked up in the main foyer of the Health Centre; they can be dropped off into the box provided; ensure that your information is complete and the travel grant is placed into a stamped envelope.
- Toys/magazines will be removed from the waiting room at this time to avoid any cross contamination.
- Please ensure that you have transportation to and from the health centre as staff will no longer transport patients.
- Prescription pick up time will be limited to the hours of 3PM-5PM. Monday-Wednesday-Friday. Senior's (70+) prescriptions will be dropped off at the door/mailbox of your residence on Thursday or Friday unless a family member is available to pick up the prescription.

Remember, being vigilant about hygiene and following social distancing measures isn't just for your sake, it's for the greater good of the community and especially that of our elderly population. Please contact Paul Beauvais KHC Administrator (705-669-7864) if you have questions or concerns

Killarney Health Centre March 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	Darlene 2	Darlene 3	Darlene 4	Darlene 5	Darlene 6	7
8	Darlene 9	Darlene 10	Darlene 11 9AM- 1PM	Darlene 12	Darlene 13	14
15	Darlene 16	Darlene 17	Darlene 18	Darlene 19	Darlene 20	21
22	Darlene 23	Darlene 24	Darlene 25	Darlene 26	Rhonda 27	28
29	Darlene 30	Darlene 31				

Coronavirus Disease 2019 (COVID-19)

How to self-isolate

Follow the advice that you have received from your health care provider. If you have questions, or you start to feel worse, contact your health care provider, Telehealth (1-866-797-0000) or your local public health unit.

Stay home

- Do not use public transportation, taxis or rideshares.
- Do not go to work, school or other public places.
- Your health care provider or public health unit will tell you when it is safe to leave.



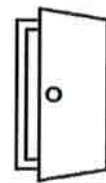
Limit the number of visitors in your home

- Only have visitors who you must see and keep the visits short.
- Keep away from seniors and people with chronic medical conditions (e.g. diabetes, lung problems, immune deficiency).



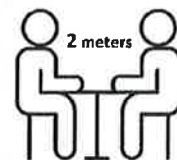
Avoid contact with others

- Stay in a separate room away from other people in your home as much as possible and use a separate bathroom if you have one.
- Make sure that shared rooms have good airflow (e.g. open windows).



Keep distance

- If you are in a room with other people, keep a distance of at least two metres and wear a mask that covers your nose and mouth.
- If you cannot wear a mask, people should wear a mask when they are in the same room as you.



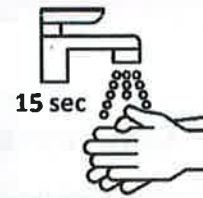
Cover your coughs and sneezes

- Cover your mouth and nose with a tissue when you cough or sneeze.
- Cough or sneeze into your upper sleeve or elbow, not your hand.
- Throw used tissues in a lined wastebasket, and wash your hands.
Lining the wastebasket with a plastic bag makes waste disposal easier and safer.
- After emptying the wastebasket wash your hands.



Wash your hands

- Wash your hands often with soap and water.
- Dry your hands with a paper towel, or with your own cloth towel that no one else shares.
- Use an alcohol-based hand sanitizer if soap and water are not available.



Wear a mask over your nose and mouth

- Wear a mask if you must leave your house to see a health care provider.
- Wear a mask when you are within two metres of other people.



Contact your public health unit:

Learn about the virus

COVID-19 is a new virus. It spreads by respiratory droplets of an infected person to others with whom they have close contact such as people who live in the same household or provide care.

You can also access up to date information on COVID-19 on the Ontario Ministry of Health's website: ontario.ca/coronavirus

The information in this document is current as of February 14, 2020

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Ontario 

Coronavirus Disease 2019 (COVID-19)

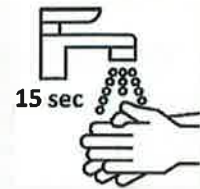
Self-isolation: Guide for caregivers, household members and close contacts

If you are caring for or living with someone who has the virus, you are considered a 'close contact'.

Your local public health unit will give you special instructions about how to monitor your own health, what to do if you start to feel sick and how to contact them. Be sure to tell health care providers that you are a close contact of someone with COVID-19.

Wash your hands often

- Wash your hands with soap and water after each contact with the infected person.
- Use an alcohol-based hand sanitizer if soap and water are not available.



Wear mask and gloves

- Wear a mask and gloves when you have contact with the person's saliva or other body fluids (e.g. blood, sweat, saliva, vomit, urine and feces).



Dispose of gloves and mask after use

- Take the gloves and mask off right after you provide care and dispose of them in the wastebasket lined with the plastic bag.
- Take off the gloves first and clean your hands with soap and water before taking off your mask.
- Clean your hands again with soap and water before touching your face or doing anything else.



Limit the number of visitors in your home

- Only have visitors who you must see and keep the visits short.
- Keep seniors and people with chronic medical conditions (e.g. diabetes, lung problems, and immune deficiency) away from the infected person.



Avoid sharing household items

- Do not share dishes, drinking glasses, cups, eating utensils, towels, bedding or other items with the person under investigation.
- After use, these items should be washed with soap or detergent in warm water. No special soap is needed.
- Dishwashers and washing machines can be used.
- Do not share cigarettes.



Clean

- Clean your home with regular household cleaners.
- Clean regularly touched items such as toilets, sink tap handles, doorknobs and bedside tables on a daily basis.



Wash laundry thoroughly

- There is no need to separate the laundry, but you should wear gloves when handling.
- Clean your hands with soap and water immediately after removing your gloves.



Be careful when touching waste

- All waste can go into regular garbage bins.
- When emptying wastebaskets, take care to not touch used tissues with your hands. Lining the wastebasket with a plastic bag makes waste disposal easier and safer.
- Clean your hands with soap and water after emptying the wastebasket.



Contact your public health unit:

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