

Killarney Residents

In the face of the present health crisis with COVID-19 the Killarney Health Centre will be implementing simple containment strategies which will require the cooperation of everyone in order to keep the community safe. The goal is to reduce transmission, isolate those presenting with symptoms and quarantine their contacts.

As well, it is important for all of us to remember to increase social distancing and avoid large crowds or gatherings. Social distancing is a strategy to limit the spread of COVID-19, the disease caused by the coronavirus. This is a conscious effort to reduce contact between people to slow down the spread of the virus. Even if you are symptom free and not part of an at-risk group, you still need to change your lifestyle starting today.

You should avoid public places if you cannot stay six feet away from other people. You should be home as much as possible. Think about how you can decrease close contacts and crowded environments while COVID-19 is spreading

Listed below are strategies that the KHC will implement to ensure your safety:

- Prior to entering the main foyer of the Health Centre we request that you use the sanitizer provided to ensure that your hands are clean to avoid the spread of any virus.
- For all non-emergency visits including blood work, requests for sick notes, OTC drug purchases etc. we request that you call to schedule a time.
- Emergencies will be seen as they present with staff ensuring the appropriate contact precautions are followed
- Please call or leave a message to re-order medications; payments to Shoppers Drug Mart should be mailed directly to Shopper Drug Mart.
- Travel grants can be picked up in the main foyer of the Health Centre; they can be dropped off into the box provided; ensure that your information is complete and the travel grant is placed into a stamped envelope.
- Toys/magazines will be removed from the waiting room at this time to avoid any cross contamination.
- Please ensure that you have transportation to and from the health centre as staff will no longer transport patients.
- Prescription pick up time will be limited to the hours of 3PM-5PM. Monday-Wednesday-Friday. Senior's (70+) prescriptions will be dropped off at the door/mailbox of your residence on Thursday or Friday unless a family member is available to pick up the prescription.

Remember, being vigilant about hygiene and following social distancing measures isn't just for your sake, it's for the greater good of the community and especially that of our elderly population. Please contact Paul Beauvais KHC Administrator (705-669-7864) if you have questions or concerns

Killarney Health Centre March 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Darlene	3 Darlene	4 Darlene	5 Darlene	6 Darlene	7
8	9 Darlene	10 Darlene	11 Darlene 9AM- 1PM	12 Darlene	13 Darlene	14
15	16 Darlene	17 Darlene	18 Darlene	19 Darlene	20 Darlene	21
22	23 Darlene	24 Darlene	25 Darlene	26 Darlene	27 Rhonda	28
29	30 Darlene	31 Darlene				

Attention Visitors



If you have a fever and/or new onset of cough or difficulty breathing

AND

In the 14 days before symptom onset, you have:

- been to a COVID-19 impacted area, **or**
- you have been in close contact with a confirmed or probable case of COVID-19, **or**
- you have been in close contact with a person with acute respiratory illness who has been to a COVID-19 impacted area,

please delay your visit AND contact your health care provider, or Telehealth Ontario (1-866-797-0000)

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